

# KIDS OF EXCELLENCE

MONTHLY NEWSLETTER



## IMPORTANT DATES:

THANKSGIVING HOLIDAY

**21ST- 25TH**

RETURN TO SCHOOL

**28TH**

HOLIDAY PICTURES

**28TH**

Dear Families,

Thank you all for the amazing turnout for our Harvest Fest. We were so excited to welcome you all back to the center, it was a very successful event, and we look forward to hosting more events in the near future.

The holiday season is upon us! Please be aware of the upcoming holidays! There will be no Professional Development in the month of December 2022.

### School Closures:

Thanksgiving Break: 11/21/22-11/25/22

EHS Family Resource Fair: 12/9/22- Early Dismissal

Christmas Break: 12/19/22- 1/2/23

## FRIENDS AND SHAPES

Dear Parents,

This month our infants and toddlers will be learning about “Friends.” During this theme, we are going to discuss the many friends in our community who help others every day. Your child will learn about healthcare workers, emergency workers, workers in a school, service workers, and government workers.

- Week 1: Everyday Friends
- Week 2: Friends Who Keep Us Healthy
- Week 3: Friends Who Keep Us Safe
- Week 4: Friends with Helpful Hands

At the end of this theme, the children will have a vocabulary of community friends, describe and identify different types of community friends in the community, and discuss how community helpers benefit the community.

Our Preschool classes will be learning about “Colors, Shapes, and Sizes”. Your child will explore the colors in their community, home, and many other places. Your child will learn the names of the primary, secondary, and tertiary colors and experiment with mixing two colors to create a third. Your child will understand that a shape is how something looks and that many different shapes exist in the environment. Your child will learn the names of specific shapes and that all shapes are made up of lines that join in some way.

- Week 1: Colors
- Week 2: Shapes
- Week 3: Sizes
- Week 4: Multiple attributes

At the end of this theme, the children will learn how everything has a shape, color, and size and discuss how shapes are alike and how they are different. They will identify different types of shapes, sizes, and colors around the classroom and discuss how things are composed of several different shapes and colors joined together.

## AT HOME ACTIVITIES

**At home you can:**

### Infants and Toddlers

- Talk about community friends in the neighborhood: firefighters, police officers, doctors, dentists, nurses, mail carriers, bus drivers, etc.
- Talk to your child about the importance of eating a healthy diet and taking care of his/her teeth.
- Look for emergency vehicles on your next drive and listen for sirens.

### Preschoolers

- Talk about the different shapes and colors in your home.
- Ask your child to look for shapes on the drive home.
- Look for shapely bugs in your own backyard that are different in color and size.
- Go on a rainbow hunt in your neighborhood.
- Find 10 different things in your home that are different colors, shapes, and sizes.

# NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
	<b>Thanksgiving Break 11/21/22- 11/25/22</b>					
27	28 Picture Day	29	30	1	2	3



# November 2022 Food Calendar



Mon	Tue	Wed	Thu	Fri
	<p>1.  <i>Cheerios, Apples, Milk            Smothered Chops, Brown Rice, Green Peas, Whole Wheat Bread, Blueberries, Milk            Wheat Thins, Oranges, Water</i></p>	<p>2.  <i>French Toast Sticks, Bananas, Milk            Spaghetti &amp; Meatballs, Toss Salad, Whole Wheat Bread, Cantaloupe, Milk            Pretzels, Peaches, water</i></p>	<p>3.  <i>Oatmeal, Raspberries., Milk            Beef Roast, Brown Rice, Green Beans, Fruit Cocktail, Whole Wheat Bread, Milk            Cheez Its, Oranges, Water</i></p>	<p>4.  <i>Sausage Patties &amp; Toast Bread, Blueberries, Milk            Red Beans w/ Turkey Sausage, Caesar Salad, Oranges, Whole Wheat Bread, Milk            Veggie Sticks, Apples, Water</i></p>
<p>7.  <i>Waffles, Oranges, Milk            Jambalaya w/ Turkey Sausage, Corn, Melons, Whole Wheat Bread, Milk            Animal Crackers, Strawberries, Water</i></p>	<p>8.  <i>Cheerios, Oranges, Milk            Shrimp Pasta, Garden Salad, Melons, Whole Wheat Bread, Milk            Chex Mix, Strawberries, Water</i></p>	<p>9.  <i>Pancakes, Apples, Milk            Baked Chicken, Yellow Rice, Broccoli, Strawberries, Whole Wheat Bread, Milk            Graham Crackers, Apples, Water</i></p>	<p>10.  <i>Grits, Melons, Milk            Baked Fish, Mashed Potatoes, Garden Salad, Raspberries, Whole Wheat Bread, Milk            Raisin Bread, Oranges, Water</i></p>	<p>11.  <i>French Toast Sticks, Smothered Hamburgers, Brown Rice, Green Peas, Whole Wheat Bread, Pineapples, Milk            Cheese Crackers, Blueberries, Water</i></p>
<p>14.  <i>Oatmeal, Strawberries, Milk            Shrimp Stew, Brown Rice, Caesar Salad, Melon, Whole Wheat Bread, Milk            Tuna Sandwich, Blackberries, Water</i></p>	<p>15.  <i>Cheerios, Blueberries, Milk            Spaghetti Lasagna, Corn, Whole Wheat Bread, Oranges, Milk            Gold Fish, Melon, Water</i></p>	<p>16.  <i>Pancakes, Apples, Milk            Barbecue Chicken, Macaroni &amp; Cheese, Caesar Salad, Cantaloupe, Whole Wheat Bread, Milk            Pretzels, Oranges, Water</i></p>	<p>17.  <i>Biscuits, Eggs, Strawberries, Milk            Pork &amp; Beans w/ Turkey Sausage, Brown Rice, Garden Salad, Green Apples, Whole Wheat Bread, Milk            Cheez Its, Mandarins &amp; Water</i></p>	<p>18.  <i>Waffles, Bananas, Milk            Baked Ham, Dirty Rice, Mixed vegetables, Whole Wheat Bread, Strawberries, Milk            Veggie Sticks, Melon, Water</i></p>
<p>21.  <b><i>CLOSED</i></b></p>	<p>22  <b><i>CLOSED</i></b></p>	<p>23.  <b><i>CLOSED</i></b></p>	<p>24.  <b><i>CLOSED</i></b></p>	<p>25.  <b><i>CLOSED</i></b></p>
<p>28.  <i>Grits, Oranges, Milk            Crawfish Pasta, Toss Salad, Whole Wheat Bread, Pineapples, Milk            Grilled Cheese Sandwich, Oranges, Water</i></p>	<p>29.  <i>Oatmeal, Raspberries, Milk            White Beans w/ Turkey Sausage, Brown Rice, Caesar Salad, Whole Wheat Bread, Apples, Milk            Raisin Bread, Apples, Water</i></p>	<p>30.  <i>French Toast Sticks, Oranges, Milk            Chicken Teriyaki, Rice Pilaf, Cabbage, Tropical Fruit Salad, Whole Wheat Bread, Milk            Animal Crackers, Melons, Water</i></p>		